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ABSTRACT

This book was written to help Girl Scout leaders prepare themselves and the girls with whom they work to enjoy outdoor experiences together. It complements the age-level handbook and leaders' guide, and training provided by the local Girl Scout council. The book contains nine chapters. The first chapter lists age-level characteristics of girls, from Daisy Girl Scouts to Senior Girl Scouts. It also includes photographs of outdoor badges that girls may earn in various age-level categories. Chapter 2 discusses how outdoor leaders can "guide inquiry" by asking questions and presenting problems, and provides suggestions for simple neighborhood explorations. Other chapters focus on learning outdoor skills, camping, staying safe, compass and map skills, understanding the natural environment, planning for trip camping, and camping in the wilderness. Many activity suggestions are given for each topic. Photographs and illustrations are included for topics such as knot making and properly caring for knives. Much practical information is covered, such as dressing for the weather, eating right, cooking outdoors, finding directions using the sun and stars, and reading and using maps. The chapter on environment discusses seasons, weather, soil, and ecosystems. An appendix lists equipment for overnight trips. A glossary, a bibliography, and an index are included. (CDS)

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